

Hamilton (and area) Volunteer Opportunities

Ministry to Women

Neighbour to Neighbour, Good Shepherd and Mission Services listed below also provide Women's Services.

Beginnings Family Services

1 Young Street, Suite 308
Hamilton, Ontario L8N 1T8
905 528 6665
www.beginnings.ca/hamilton
Contact: info@beginnings.ca

Opportunities: please contact Beginnings for volunteer opportunities

Interval House – shelter for abused women and children

630 Sanatorium Rd.
Hamilton, ON L9C 7S7
905-387-9959 ext. 245
<https://intervalhousehamilton.org>
Contact: Volunteer coordinator; volunteer@hamiltonintervalhouse.org

Opportunities:

- Administration and reception
- Events, fundraising
- Child minding
- Housekeeping
- Gardening
- Cultural interpretation
- Peer and court support

A minimum of 2-3 hours per week for a commitment for up to a year.

SACHA – Sexual Assault Center

75 MacNab St. S 3rd floor
Hamilton, ON L8P 3C1
905-525-4573 ext 222
www.sacha.ca
Contact: Miriam Sager; clvol@sacha.ca

Opportunity:

Crisis support volunteer

YWCA

75 MacNab St. S.
Hamilton, ON L8P 3C1
905-522-9922 ext 111
www.ywcahamilton.org
Contact: Alex Johnstone; ajohnstone@ywcahamilton.org

Opportunities:

- Kitchen help
- Child care
- Piano player for seniors center
- Help organize special events...preparing and serving Christmas Eve dinner etc.

Housekeeping
Social media volunteer for employment services
Interpretation and translation service
Check the website for various locations

Ministry to Men

Good Shepherd

120 Cannon St. E.
Hamilton, ON L8L 2A3
905-528-9109
www.goodshepherdcentres.ca
Contact: volunteer@goodshepherdcentres.ca

Opportunities:
Evening reception
Shift Assistance

Mission Services – Addiction Recovery

196 Wentworth St N
Hamilton, ON L8L 5V7
905-528-5100 x3106
www.mission-services.com
Contact: Volunteer Administrator; 905-528-5100 x3106

Opportunities:
Front desk volunteer (weekday evenings)

Ministry to Children

Neighbour to Neighbour

28 Athens St.
Hamilton, ON
905-574-1334
www.n2ncentre.com
Contact: Clare Wagner, Program Manager; admin@n2ncentre.com

Opportunity:
Tutoring for the Kids Can Succeed program

City Kidz

601 Burlington St. E. Unit A
Hamilton, ON L8L 4J5
905-544-3996
<http://citykidz.ca>
Contact: info@citykidz.ca

Opportunities:
Team captains, co-captain, team members, Jr. Leadership, Saturday cast member,

Kinder Kidz leader
Home visits
First aid
Bus drivers
Administrative support
Assisting with maintenance projects
Traffic control on Saturday.
Help with fund raising and Development and organizing special events

North Hamilton Community Health Centre

438 Hughson St. N.
Hamilton, ON L8L 4N5
905-523-6611 ext. 3008
www.nhchc.ca
Contact: desimone@nhchc.ca

Opportunities:

Reception and office support
Organize and help plan special events
Mentors and tutors
Program assistants in prenatal classes, children's activities, running games, crafts and snacks

Big Brothers, Big Sisters

639 Main St. E.
Hamilton, ON L8M 1J4
905-525-3860
www.callbigbrothers.com

Opportunity:

Mentoring a child on a one to one basis.
(Willing to serve at least a year, but we hope until a child graduates from high school)

Hamilton Tastebuds - Student Nutrition Programs

162 King William St.
Hamilton, ON
905-522-1148
www.tastebudshamilton.ca
Contact: gevans@sprc.hamilton.on.ca

Opportunities:

Coordinating or hosting a program
Volunteering at a program
Providing donations (food, supplies or financial aid)
Fundraising

Ronald McDonald House

1510 Main St. W.
Hamilton, ON
L8S 1E3
905-521-9983 ext. 2110
www.rmhamilton.ca
Contact: Shelley Harrison, Mgr. of Volunteer and family room service; sharrison@rmhamilton.ca

Opportunities:

- Reception volunteer
- Housekeeping volunteer
- Kitchen assistance – dinner and breakfast volunteer
- Delivery volunteer
- Family room volunteer
- Support service Assistance

Ministry to Youth

Wesley Urban Ministries - Child, youth and family services

195 Ferguson Ave. N.

Hamilton, ON L8K 8J1

905-528-5629 ext 244

www.wesleyurbanministries.com

Contact: Rebekah Geier; rebekah.geier@wesleyurbanministries.ca

Opportunities:

- Administration duties, data entry, mailings, and phone work
- Assisting staff with baking, sports and homework help
- Snack preparation
- Organizing and sorting donations in the warehouse
- Interpreters and resettlement assistance
- Income tax prep
- Special events and fundraising help
- Help with sports events
- Prep and serve meals and help with the drop in lunch.

Living Rock

30 Wilson St.

Hamilton, ON L8R 1C5

905-528-7625 ext. 240

www.livingrock.ca

Contact: Karen; karen@livingrock.ca

Opportunities:

- Maintenance volunteers
- Drivers
- Food bank help...stock person, front line support staff
- Clothing bank
- Breakfast program....set up and clean up
- Evening program...sports, games and crafts etc and befriend youth
- Meal preparation

Re-Create Art Studio

126-128 James St. N.

Hamilton, ON

905-528-0353

<http://recreatestudio.tumblr.com>

Contact: Betty Brouwer bettyb@shalemnetwork.org

Opportunities:

Family assistance for yard work and maintenance
Youth mentors

Extend a Family

293 Wellington St. N. Suite 127
Hamilton, ON L8L 8E7
905-383-2885

<http://extendafamilyhamilton.synthasite.com>

Contact: eaf@execulink.com

Opportunities:

- Be a buddy to a special needs person
- Board member
- Program assistant
- Work in the office
- Raise fund and awareness

Ministry to Seniors

Welcome Inn

40 Wood St E.,
Hamilton, ON L8L 3Y3
905-525-5824

www.welcomeinn.ca

Contact: 905-525-5824

Opportunities:

- Seniors Program Volunteer
- Seniors Visitor or phone visitor

Immigrant Services

Micah House

c/o 333 King St. E (this is not the address of the house)

Hamilton, ON L8N 1C1
905-296-4387

www.micahhouse.ca

Contact: Meaghan Beattie; meaghan@micahhouse.ca

Opportunities:

- Cleaning, shopping, gardening, or organizing the house
- Taking guests to appointments,
- Helping guests find their way around the community and community services
- Translating and helping guests learn English
- Enjoying outings with guests
- Preparing an evening meal
- Staying in touch with a past guest and providing support as they settle in the community
- Fixing things around the house, repainting a room, or delivering furniture
- Support the staff with fundraising and special events

St. Joseph's Women's Immigrant Centre

8 Main St. E. Ste.101
Hamilton, ON L8N 1E8
905-529-5209 ext. 227

<http://stjosephwomen.on.ca>

Contact: linc@stjosephwomen.on.ca

Opportunities:

- Fundraising
- Computer lab support and supervision
- Computer skills instructor
- Office support
- Program support
- Tutoring teaching assistance
- Leadership (board of Directors and advisory committee)

Inner City Services

Good Shepherd

120 Cannon St. E.
Hamilton, ON L8L 2A3
905-528-9109

www.goodshepherdcentres.ca

Contact: Christina Ferguson; volunteer@goodshepherdcentres.ca

Opportunities:

- Activity leader,
- After school homework assistant, classroom assistant
- Meal preparation / meal server
- Filing clerk, office assistant
- Fund raising assistant
- Child minding
- Grocery shopper
- Cook, baker, cooking class instructor
- Toy lending library assistant
- Food sorter, clothing sorter, warehouse assistant
- Evening reception, shift assistant
- Help with special occasion meals

Good Shepherd is always looking for volunteers with specialized skills such as beauticians, hair stylists, fitness instructors, teachers or volunteers with palliative care training. Your special talents are of particular value to our clients. For specific hours and requirements, please go to their website.

Hamilton Dream Center

627 Main St. E,
Hamilton, ON L8M 1J5
905-527-8605

www.hamiltondreamcenter.ca

Contact: Rebekah Hill; 905-527-8605

Opportunities: *Please contact the Dream Center to see how you can volunteer as a servant in the 'hood'. The Dream Center offers a food and clothing bank, basic computer training, resume writing and interview training assistance, as well as neighbourhood clean-up.*

Helping Hands

349 Barton Street East,
Hamilton, ON L8L 2X8
905-522-HAND (4263)

www.hsmhamilton.com

Contact: info@hsmhamilton.com

Opportunities:

Help sort and display clothing in the store

Help distribute clothing at the store in the street mission side

Distribute clothing with our mobile unit

Please contact Helping Hands for more volunteer opportunities

Neighbour to Neighbour Centre

28 Athens St.
Hamilton, ON
905-574-1334

www.n2ncentre.com

Contact: Clare Wagner, Program Manager; admin@n2ncentre.com

Besides being a food bank it also offers other services to combat poverty: Christmas Hamper, Community Gardens, Resource Counseling, Utility Subsidy, VAW Counseling. - Building Better Futures-Single Mom Program, Community Dental Bus, Children's Reading Tutor Program

Opportunities:

Receiving donations, stocking shelves, sorting cans, etc. (Some heavy lifting is required)

Reading Tutors

Program Assistance

Resource Counsellors

For individual service hours and requirements go to their website

Mission Services

196 Wentworth St N
Hamilton, ON L8L 5V7
905-528-4211
Warehouse 120 Cannon St. E
905-528-5100

www.mission-services.com

Contact: volunteer@mission-services.com

Opportunities:

Food sorters

Clothing sorters – organizing and hanging clothes

Assist with the management of incoming donations

Collect food with a neighbourhood food drive, or organize a needs drive collecting men's toiletries or women and children's healthy lunch items, children's storybooks, diapers and pull ups as well as toiletries and make up for women.

Front desk volunteer, phone, light office work, and greeting clients

Assist in the distribution of food, clothing, and basic household items

Interviewing clients – some computer skills are required

For individual service hours and requirements go to their website

Salvation Army Community and Family Services

80 Bay St. N.

Hamilton, ON L8R 3N3

905-522-14787

www.salvationarmy.ca/volunteer

Contact: Karen Sobierajski; Karen_sobierajski@can.salvationarmy.org

Opportunity:

Answer telephones

General office work

Computer data entry

Assist in packing food hampers

Stocking shelves, sort toys

Sort clothes and price items at a Thrift Store

Ring the bells at Christmas kettles

Assist with mailing projects and other seasonal activities at the local level

Assist seniors; be involved in sports activities etc.

Emergency disaster relief

For individual service hours and requirements go to their website

St. Matthews House

414 Barton St. E.

Hamilton, ON L8L 2Y3

905-523-5546 ext. 243

<http://stmatthewshouse.ca>

Contact: Jeremy Young; jyoung@stmatthewshouse.ca

Opportunities:

Stock shelves

Prepare bags of food for individuals and families

Cook lunch and socialize at the seniors drop in center

Interpret for non English speaking clients, any talent in second language is appreciated

For individual service hours and requirements go to their website

Welcome Inn

40 Wood St E.,

Hamilton, ON L8L 3Y3

905-525-5824

www.welcomeinn.ca

Contact: 905-525-5824

Opportunities:

Welcomer

Learning and Fun (LAF) After School Mentor

Summer Day Camp Counsellor

Food Pantry Worker or Food Sorter

Seniors Program Volunteer

Seniors Visitor or phone visitor

Workshop Facilitators

Financial Mentors

New Horizons Volunteer – please check website

Board of Directors Member or Ad-Hoc Committee Member

Health & Wellness Services

Homestead Christian Care

195 Charlton Ave. W.
Hamilton, ON L8P 2C9
905-529-0454

<http://homesteadchristiancare.ca>

Contact: Teresa Howe; thowe@hsc.ca

Opportunities:

Hair cutting

Occasional driver

Meal preparation

One on one support

Ongoing Opportunities with Tenants: Spiritual Care, Arts/Crafts/Music, Apartment Upkeep, Shopping assistance, Tea Time Host

Operational Support: building maintenance, painting, plumbing and electrical, grounds upkeep

Working with groups: leading with games, worship or Bible study

Christian Horizons

4275 King St. E., Suite 101
Kitchener, ON N2P 2E0 (serving Hamilton and area)
519-650-3241

www.christian-horizons.org

Contact: Mallory Keller; West_volunteers@christian-horizons.org

Opportunities:

Play games, go for walks, go shopping, read with someone

Offer your skills as a landscaper or beautician

Build friendship

Student placements

Organize sporting events

Group service opportunities

Provide entertainment through music, comedy or drama

Rygiel Supports for Community Living

1550 Upper James St. Suite 200
Hamilton, ON L9B 2L6
905-525-4311 ext. 223

www.rygiel.ca

Contact: Viola Galamini; info@rygiel.ca

Opportunities:

Befriending a person/family we serve

Sharing time and talents with an individual

Assisting in recreational activities

Helping create opportunities

Contributing to the resources needed, donations, services and/or equipment

Volunteering on a committee (fundraising, newsletter, education, day supports etc.)

Assisting with driving

Community Living Hamilton

191 York Blvd.
Hamilton, ON L8R 1Y6
905-528-0281 ext. 258
www.communitylivinghamilton.com
Contact: info@clham.com

Opportunities:

Working with children or adults
Day program settings

Thrift Stores

Bibles for Missions Thrift Store

500 Upper Wellington St.
Hamilton, ON L9A 4Y7
905-383-0004

Salvation Army Thrift Store

879 Upper James St.
Hamilton, ON L9C 3A3
905-388-6876

Re-Source Thrift Shop

625 Greenhill Ave.
Hamilton, ON L8K 5K9
905-560-5410
info@re-sourcethriftshop.ca

New Horizons Thrift Shop

520 James St. N.
Hamilton, ON L8I 1J4
905-529-6891

Opportunities: for all thrift stores, please contact the individual store

Board director
Volunteer coordinator
Sorting, recycling and tagging donated items
Cashiering
Delivery and pick up
Customer Assistance
Stocking and Hanging
Public Relations
Repair person (furniture, small appliances, electrical, computer)

Food Programs

Please also see 'Inner City Services'

Hamilton Victory Gardens

504 Upper Sherman Ave.
Hamilton, ON L8V 3L8
289-237-7714
www.hamiltonvictorygardens.org

Contact: Bill; info@hamiltonvictorygardens.org

Opportunities:

- Cultivation of garden beds
- Growing, watering and tending the gardens
- Harvesting

Individual gardens are located throughout the city, see the website for specific areas.

Meals on Wheels (VON)

414 Victoria Ave. N. Ste M2

Hamilton, ON L8L 5G8

905-523-1055 ext. 2228

www.mealsonwheels.ca

Contact: Ann Lindley: ann.lindley@von.ca

Opportunities:

- Delivery meals
- Provide social contact
- Monitor well-being of recipient

OTHER

Environment Hamilton

22 Wilson St. Suite 4

Hamilton, ON L8R 1C5

905-549-0900

www.environmenthamilton.org

Contact: Juby Lee; Jlee@environmenthamilton.org

Opportunities:

- Clerical
- Computer work, data entry, programming, graphic design, web design and maintenance
- Photography
- Packing food boxes
- Driving
- Report concerning emissions (Dust Busters)
- Canvasser